



## THEMED REFRESHMENT BREAKS

### **Continental Breakfast**

Assorted Chilled Juices  
Assorted Muffins and Danish and Croissants  
Freshly Brewed Regular and Decaffeinated Coffee  
with a Selection of Herbal Teas  
**Also Available with Sliced Fresh Fruit**

### **Deluxe Continental**

Assorted Chilled Juices  
Sliced Fresh Seasonal Fruit with Seasonal Berries  
Assortment of Homemade Scones and Seasonal Fruit Breads  
Freshly Brewed Regular and Decaffeinated Coffee  
with a Selection of Herbal Teas

### **A Bagel Break**

Assorted Chilled Juices  
Sliced Fresh Fruit  
Variety of Bagels with Plain and Flavored Cream Cheeses  
Freshly Brewed Regular and Decaffeinated Coffee  
with a Selection of Herbal Teas

### **The Healthy Start**

Assorted Chilled Juices  
Fresh Sliced Fruit  
Make your own Parfaits:  
Yogurt, Granola and Fresh Berries  
A Variety of Cereal Bars  
Freshly Brewed Regular and Decaffeinated Coffee  
with a Selection of Herbal Teas

### **Refresh**

Regular and Decaffeinated Coffee and Teas,  
Assorted Soft Drinks & Bottled Water

### **Sweet Tooth**

Assorted Freshly Baked Cookies and Brownies  
Assorted Soft Drinks and Bottled Water  
Freshly Brewed Regular and Decaffeinated Coffee  
with a Selection of Herbal Teas

### **The Works**

Start with Our  
Continental Breakfast

Add a Morning Refresh of:  
Freshly Brewed Regular and Decaffeinated  
Coffee with a Selection of Herbal Teas  
along with Fresh Sliced Fruit

Finish with Our Sweet Tooth  
Afternoon Refreshment Break

### **It's In The Bag**

Individual Bagged Snacks to include:  
Potato Chips, Popcorn, Pretzels  
Assorted Soft Drinks and Bottled Water

### **Ice Cream Sundae Break**

Chocolate and Vanilla Ice Cream  
With Assorted Toppings to include:  
Hot Fudge, Caramel and Strawberry Sauces  
Sprinkles, Crushed Oreos, m&m's, Chopped Nuts,  
Whipped Cream and Cherries

### **Apple Harvest**

Hot Apple Cider  
Sharp & Mild Vermont Cheddar Cheese Board  
Warm Apple Strudel  
Red and Green Local Apples  
Bottled Water

### **The Game Day**

Cracker Jacks, Popcorn, and Peanuts  
Jumbo Soft Pretzels with Whole Grain Mustard  
Assorted Soft Drinks and Bottled Water  
A&W Root Beer